



# Whitefield News

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## Remembering Dr. Carol A. Eckert

by Judi Ekholm

Carol's medical practice began in 1982 when the Sheepscot Valley Health Center opened its doors to serve the community. Carol cared deeply for her patients as well as her family, friends, and community. And as a woman, daughter, wife, mother, friend, mentor, and family physician it was her nature to gently provide encouragement to seek opportunities to engage in life fully.

Sadly, Carol's life was cut short last October 2016 in a tragic accident while out bicycling. Carol peddling her bicycle was a frequent sight to many in the community. This was her routine often followed by a short yoga practice to unwind from a full day of work and be ready to spend time with her husband, Jeff Frankel.

Although Carol is gone from our sight, her legacy lives on at the health center through two distinctly different memorials which reflect Carol's values; one is inside and one is outside.

Carol loved to read and in honor of that passion "Carol's Corner" was started by Julie Bailey and the health center staff through donations given in memory of Dr. Eckert. Above the bookcase, filled with books, book-ended by Carol's coffee cups, and graced with a Teddy Bear made from one of Carol's favorite dresses, is a lovely photo of her (reading of course), donated by her husband, Jeff, and framed by Glen Bailey, Julie's husband. The Corner has a range of books for children and young adults up to the age of sixteen. "The Tennis Ball Trees" by author Christopher Lockwood is among the number of donated books. Chris and his wife Cindy were long time patients of Carol's. All books are stamped "In Loving Memory Of Dr. Carol Eckert - Love Heals, Love Holds, Love Hopes", and free to young patients. If you would like to donate to Carol's Corner please call 549-7581 to speak with

someone in the front office.

Carol was a passionate advocate for self care. The outside memorial, "Carol's Bench", will be set in the garden area in front of the health center where Carol loved to spend quiet time tending the planters filled with flowers and fresh herbs. The engraving reads: "Forever in the Hearts of Her Patients". The Bench was donated by the citizens' Board of Directors of the health center in honor of Carol's love of the outdoors during all seasons. She loved to contemplate the beauty of life and would draw solace and peace from being outside. The Bench is a reminder for all of us to take rest and restore an inner sense of equilibrium and wellness before moving forward in life.

The dedication of "Carol's Corner" was held recently at the health center with attendees sharing stories, memories, and laughter. The dedication date of "Carol's Bench" will be set shortly. All will be welcome to attend and share in remembering Dr. Carol Anne Eckert, Forever In The Hearts of Her Patients.



Photos by Judi Ekholm



## The 4th of July Celebration: A great time was had by all!!



Photos by  
Tony  
Marple  
and  
Debbie  
Rogers



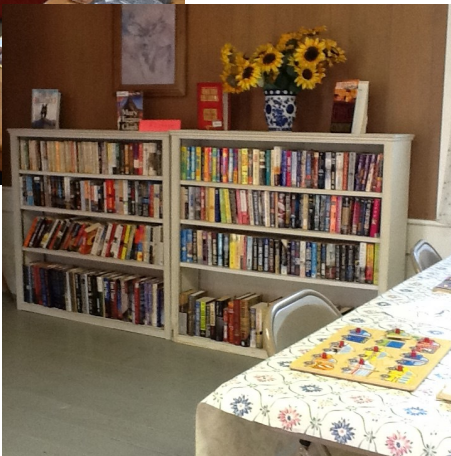


## Your local Library

by Cheryle Joslyn



The shelves in the new Whitefield Library @ the Arlington Grange are getting very full thanks to the generosity of many individuals. We now have several books for children and young adults, as well as a fantastic selection for the adult reader. Please stop by Wednesday or Saturday from 10:00-



12:00, register your family and take home an enjoyable book(s) to read this summer.

Follow us on Facebook (Whitefield Arlington Library) and on our library website

([www.whitefieldlibrary.weebly.com](http://www.whitefieldlibrary.weebly.com)) for information and news about our upcoming events! (photos courtesy Cheryle Joslyn)

## "THE AUCTION" returns

submitted by CMVFD

If you have never experienced a Coopers Mills Auction, then you have truly missed an amazing event! Be sure to mark your calendar and join us Saturday, **AUGUST 19th**, at 10 am.

We've got everything under the sun; especially things that you would need in your "self-sufficient lifestyle" as well as everything you simply didn't know you needed!



Photos submitted by the Coopers Mills Volunteer Fire Dept.

You will find absolutely **EVERYTHING** at the Coopers Mills Fire Station on Main Street, Coppers Mills. There are tools, farm and garden equipment, appliances, furniture, antiques, dishes, gift certificates, and there are always boxes of things people have saved for years until it's time to clean out. Some boxes might even have "treasure" hiding within! The



Coopers Mills Volunteer Fire Department is anxious to auction everything off on August 19th, so arrive early and stay late!

This is a fundraiser for the fire department, but it's also an opportunity to help celebrate and support the village and the town. With a couple of great auctioneers, there are

many laughs and some of the items themselves could challenge you to keep a straight face. Also...the food tent has their usual delicious burgers, hot dogs, homemade baked beans, and plenty of desserts and cold drinks. If it's a hot day, there are plenty of chairs under the big tent! If you would like to volunteer, we need help sorting items before the auction and "running" sold items the day of the auction. If you have items to donate, please contact one of the Coopers Mills Fire Department volunteers or Chuck Vaughn at 549-7859. Hope to see you at

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**PRESENTS AN**

**AUCTION**

**ON**

**SAT., AUGUST 19**

**AT**

**10:00 A.M.**

**AT THE**

**FIRE BARN**

**OFF ROUTE 17, MAIN ST**

**AUCTION-BAKE SALE**

**FOOD - FUN**

Donations accepted from 10:00 AM to 10:00 PM  
Jiff Feed 456-3456  
Jiff Feed 456-3456





(Coopers Mills Postcard - courtesy of the Whitefield Historical Society)

Postmarked 1939 from Rockland. Sent to Mr. Herman Kilian in Michigan.  
*Dear Herman--Son has just come in from fishing. The motor stalled way out in the lake and he and Shirley rowed in, and not even a nibble, so we have No fish for supper. There are only a few cottages here, and it is as quiet as any one could wish for. Am fine as can be. Take good care of yourself, so you and I can have life like we used too, good times and trips, Love L.*

(View from bridge in Coopers Mills looking west, Post Office, store, Sarah Weeks house on right and Ida M. Tripp house on left)

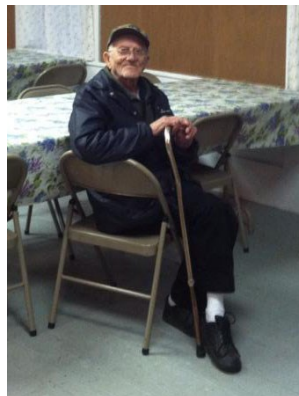
## Awards given to Leo and Gladys Glidden for their Combined 120 years of service to the Arlington Grange



At the July meeting of the Arlington Grange, we were proud to present two 60 year pins to Gladys and Leo Glidden for their combined 102 years of service to the grange.

They each have faithfully served their community and the Grange each for over 60 years. Their devotion to the Grange and constant service to so many community programs such

as the food bank, local suppers, and local charities is truly appreciated. We are privileged to have them at the Arlington Grange and hope to have them with us for many years to come.



Photos from Arlington Grange

-Welcome to David Magnusson, our new part time employee replacing Ty Turner who resigned earlier this year. David is a hard worker and has a strong information technology background which will help us.

-Renovations to the Town Office continue this summer, under the leadership of Erik Ekholm. Heat pumps for heating and cooling are now installed on both floors and will run off the fire station solar panels which are now covering the energy needs of all town structures. Insulation is underway on the first floor and staff workstations (now cramped) will be improved. New lighting will be installed and mold issues resolved.

-Bill McKeen and I have mulched and fertilized the deciduous trees around the fire station and the cedars behind the memorial. The deciduous trees took a hit from last year's drought and we'll be watering them again soon if no significant rain arrives.

-Aaron Miller, Town Clerk, has been working with the board for some time to organize funds donated to the town for various purposes defined by the donors. The town can spend the interest and dividend income, while the principal of the larger funds is held in trust. The Whitefield Cemetery Fund is for the maintenance of specific gravesites from money donated for those plots. The Will Turner Funds were established to maintain the Coopers Mills Cemetery and are also available for charitable purposes. The Charles T. King Worthy Poor Fund is also available for charitable reasons. Over the years, the town has spent little of the charitable funds available to be spent, and we seek citizen input regarding potential needs in town or processes to identify needs. The Darryl Wells fund is smaller and the modest amount of income is available for scholarships for Whitefield students.

-The final State budget includes additional education funding; particularly for relatively poor districts. Since the Town and RSU12 budgets were both approved well before the additional funding became available, the additional \$69,000 in revenue for Whitefield can only be used to reduce taxes. While final mil rates are calculated in September, there is a good chance that our rate will fall below 14 from the current 15.

-Bill McKeen continues to lead the board's work on enforcing the state junkyard law. With respect to licensed junkyards or those eligible for a license, the emphasis is on tightening the application process, follow-up, and reapplication. When a citizen makes a complaint about a junkyard unlikely to qualify for licensing, Arthur Strout, the Code Enforcement Officer (CEO), will inspect the property and bring his findings to the board. The board may issue a 60 day clean-up order, and issue fines if timely action is not taken.

-There has been a strong response to the broadband survey spearheaded by Karl Richards and others on the Economic Development Committee. The latest results are available at

<https://www.surveymonkey.com/results/SM-JKJXDKC6/>. The EDC has yet to map areas where broadband is unavailable, but will. A public forum will take place this fall for citizen input into potential planning and or implementation grants.

## AUGUST 2017 COMMUNITY EVENTS CALENDAR

- 1st** **FAT BIKE & PADDLE CAMP AGES 12-15** Over the course of the three days, participants will have the opportunity to learn by challenging themselves in a supportive setting. Our instructors will also provide guidance for future adventures by teaching what to pack and how to prepare before heading out on the trail. Contact info for all: [www.midcoastconservancy.org](http://www.midcoastconservancy.org) or (207) 389-5150, or [info@midcoastconservancy.org](mailto:info@midcoastconservancy.org)  
**SELECT BOARD**, Fire Station, 6 pm
- 2nd** **SUMMER LIBRARY, Arlington Grange 10-12pm**  
**ARLINGTON GRANGE MEETING**, Call 549-3491 for more information .  
**SENIOR MEN'S GROUP**, Sheepscot General, 10 am
- 3rd** **WHITEFIELD ECONOMIC DEVELOPMENT COMMITTEE**, 4 pm Sheepscot General
- 4th** **WHITEFIELD FOOD PANTRY**, St. Denis Hall, 1-3 pm
- 5th** **SUMMER LIBRARY, Arlington Grange 10-12pm**
- 6th** **FULL MOON PADDLE** Spend the evening in the glow of the moon! Hike into Little Dyer Cabin at Hidden Valley Nature Center, where a rack of canoes await their passengers. Drift around the lake for an hour or so, then head back to the Barn for something to drink before hitting the road for home. A Midcoast Conservancy volunteer leader will meet you at the gate by the parking lot and accompany the group for the evening. There is a limit of 12 paddle participants with some space for riders in the middle! 7:30-10 pm (207) 389-5150
- 7th** **COOPERS MILLS FIRE DEPT.** All are welcome. No obligation. 7 pm  
**KINGS MILLS FIRE DEPT.**, 7 pm
- 8th** **WOMEN OF WHITEFIELD**, Sheepscot General, 10 am  
**WHITEFIELD HISTORICAL SOCIETY** meeting 1:00 pm  
**SELECT BOARD**, Fire Station, 6 pm
- 9th** **SUMMER LIBRARY, Arlington Grange 10-12pm**
- 10th** **SENIOR MEN'S GROUP**, Sheepscot General, 10 am  
**RSU SCHOOL BOARD MEETING** Chelsea School, 6:30 pm
- 11th** **NATIVE PLANT WALK** HVNC [www.midcoastconservancy.org](http://www.midcoastconservancy.org) or (207) 389-5150  
9:30 am - 11:00 am
- 12th** **SUMMER LIBRARY, Arlington Grange 10-12pm**
- 13th** **WHITEFIELD ATHLETIC ASSOCIATION (WAA)**, Whitefield School, 6 pm
- 14th** **WHITEFIELD MUNICIPAL FIRE DEPT.**, Fire Station, 7 pm
- 15th** **SELECT BOARD**, Fire Station, 6 pm
- 16th** **SUMMER LIBRARY, Arlington Grange 10-12pm**  
**PLANNING BOARD**, Fire Station, 6:00 pm
- 17th** **SENIOR MEN'S GROUP**, Sheepscot General, 10 am
- 18th** **SUMMER OUTDOOR MUSIC CONCERTS** with pizza and beer: Sheepscot General  
Presents Walter Weymouth 6-9pm
- 19th** **COOPERS MILLS VOLUNTEER FIRE DEPT. AUCTION**, (see story on Page 2) 10 am  
**SUMMER LIBRARY, Arlington Grange 10-12pm**  
**DRUMMING CIRCLE**, Sheepscot General, 6:30 pm. Open to the public, all ages welcome.
- 20th** **LIVE EDGE MUSIC FESTIVAL** A fun-filled day of live music, great local food and beer, all set in the midst of Hidden Valley Nature Center's 1,000 acres. Featuring Maine bands, food from the Alna General Store and Harvest Moon Wood Fired Catering, and beer from Liberal Cup, Geary's and Allagash to keep you going between acts or after you explore the 30-plus miles of trails at HVNC. Music begins at noon but arrive in plenty of time to park at the overflow lot and ride the shuttle to the Nature Center—we don't want you to miss a single note! (207) 389-5150
- 22nd** **WOMEN OF WHITEFIELD**, Sheepscot General, 10 am  
**SELECT BOARD**, Fire Station, 6 pm
- 23rd** **SUMMER LIBRARY, Arlington Grange 10-12pm**  
**YOUNG AT HEART SENIORS**, Whitefield Lions Club, Coopers Mills 12 pm fini call  
Mary at (549-5041) or Arlene (549-7937)
- 24th** **SENIOR MEN'S GROUP**, Sheepscot General, 10 am
- 26th** **MOSES AND FRIENDS: IDENTIFYING COMMON BRYOPHYTES**, HVNC call  
(207) 389-5150
- SUMMER LIBRARY, Arlington Grange 10-12pm**
- 29th** **SELECT BOARD**, Fire Station, 6 pm
- 31st** **SENIOR MEN'S GROUP**, Sheepscot General, 10 am

*Do you have an event? Contact: [whitefieldtownnews@gmail.com](mailto:whitefieldtownnews@gmail.com)*

*Deadline for newsletter submissions is the 15th of the month. Email [whitefieldtownnews@gmail.com](mailto:whitefieldtownnews@gmail.com)  
Whitefield Newsletter Committee: Tony Marple, Cheryle Joslyn, Kit Pfeiffer, Sue McKeen and Debbie Rogers.*



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