



Whitefield News

FREE Thanks to our advertisers



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December 2019

Holiday Events

Kings Mills Union Hall

Christmas Program Sunday, Dec. 8 (3 -5) with Santa arriving at 4pm

Sheepscot General

9th Annual Holiday Bazaar Dec 6th 5pm - Join us for our Annual Holiday Bazaar! We will host 20-25 local crafts people, food maker and artisans.

Knights of Columbus

Soup and Chowder **POT LUCK** Supper Dec. 7th at St. Denis Church Hall at 5:00 PM. Come and enjoy. Put it on your calendar.

St. Denis Catholic Church

Mt. View Chamber Singers

'Carols in the Round'

Friday December 13th @ 7:00 sharp. Free will donations gladly accepted. Reception to follow in parish center.

Fuzzy Udder Creamery

has a **Goat Solstice event** on Sunday December 15 from 11-3 (snow date December 22). Come snuggle our animals, sample our cheese and take a tour of the farm!

Whitefield Elementary School Food / Clothing Pantry and the Christmas Giving Tree

Supporting students in their growth (physical, social, emotional and intellectual) is a prime goal at Whitefield Elementary School (WHES).

While many of the aspects of the school's support would be obvious, other areas of support that hold genuine significance may be more subtle. An example of this has been the expansion of our Food / Clothing

Pantry. Many of our families experience food insecurity, and the supplemental food we offer families, often once or twice each week, helps to alleviate many of the fears and distress some of our families experience. During the summer we are part of a collective that offers five-six weeks of free breakfasts and lunches to WHES students and young adults. There is a tremendous need and we are part of a network of providers who attempt to meet the need. Over the past couple of years we have also expanded our Clothing Pantry to meet the needs of our students with supplemental clothing. As we head into the holiday season we also have created a "Giving



Tree" program by which staff and individuals from outside of the school can come into school and select an ornament from our tree. On that ornament will be the age, gender, size and likes/desires of an individual student here at school whose family has a definitive need. Those who pick up an ornament then make choices of Christmas gifts to try to help provide the child with a joyful holiday. These

gifts are provided anonymously and we can attest to the fact that it really does help to make for a wonderful holiday experience.

If anyone in the community would like to support our efforts in any of these beneficial projects here at WHES, there is a list below that can offer suggestions as to how you can make a genuine difference in a child's life.

Food Pantry

Items that would be greatly appreciated (foods that children can either quickly access or prepare themselves):

- Prepared microwavable foods

Continued on Pg. 2

Out and About in Whitefield

By Christine LaPado-Breglia, christine.lapado@gmail.com

I caught up recently with Judy Maldovan, who is the main organizer of the annual Kings Mills Union Hall Christmas Party and Tree Lighting event, though Judy is quick to point out that while she is indeed the main organizer, "there are many volunteers who help me organize and make this happen." Judy has been involved with organizing this popular event ever since it was first launched in 2007.

This year's festivities, which are free, will take place on Sunday, Dec. 8 from 3-5 p.m. at the Kings Mills Union Hall, located on Townhouse Road in Whitefield near the intersection with Route 194.

Judy said there will be "crafts for children to make (and) refreshments. Santa comes at 4 p.m. We have gifts for the children under the inside tree. If weather permits, all are invited outside to sing a few Christmas carols and (for the) outside tree lighting."

The gifts -- "coloring books and crayons, reading books, hats and mittens, games, small bags with either an orange or an apple and pencils, etc." -- are provided by the Kings Mills Union Hall Association and there are also donations from community members, Judy said, adding that the event has never run out of presents!

Refreshments will include "cookies, brownies, cupcakes, a fruit platter, and drinks."



"This is not a fundraiser," said Judy, "but a time for the community to spend time with their neighbors and for children to make some crafts and visit with Santa."

When asked what her favorite thing about the Kings Mills Union Hall Christmas Party and Tree Lighting is, Judy simply said, "The children and Santa."

Merry Christmas!



Donations continued from Pg. 1

- Packaged fruit / applesauce
- Boxed taco / pasta meals
- Snacks: cheese and peanut butter crackers, granola bars, bagged or microwavable popcorn
- Breakfast cereals / poptarts / packaged pastries
- Soups / Chef Boyardee items

Cash Donations - the school has created a fund to support the Food / Clothing Pantry through which we can purchase specific items that are in great demand.

Clothing Pantry

(Specific items varying in sizes that are very useful in a Pre K - 8 school) :

- Sweatshirts, sweatpants, leggings
- Packages of girls' and boys' underwear and socks
- Hats, mittens, gloves
- Winter wear (boots, snowpants, jackets, etc.)

Giving Tree

- **Come in to the office at the school and one of the staff will help you select an ornament (as many as you want!). These will be available by December 4th, and we would ask that the gifts be back to school by December 16th.**

Please know that any support you provide will have genuine positive impact on students and will be greatly appreciated. Should you have questions, please contact the school at 549-7691. We thank you for your consideration.\

Mark Deblois, Principal
Whitefield Elementary School
164 Grand Army Road
Whitefield, ME 04353-3503
(207) 549-7691
Email: mdeblois@svtsu.org



Classified Ads

Starting in January, the Whitefield News will begin taking classified ads. These ads will be free of charge, but space is limited to three lines and on a first come, first served basis. We look forward to adding another service to our newsletter. To place an ad please contact the Whitefield News via email at

whitefieldtownnews@gmail.com.

Town Office News....

Monday	8am to 4pm
Tuesday	8am to 4pm
Wednesday	Closed
Thursday	7am to 12pm and 3pm to 7pm
Friday	8am to 2pm

The Select Board will be meeting every Tuesday evening at the Central Fire Station during budget season.

Nomination papers will be available December 11th and are due back in the office no later than 4:00pm January 20, 2020.

Nomination papers are as follows:

Select Board	2 Positions for 3 year terms
Planning Board	2 Positions for 3 year terms
Road Commissioner	1 Position for 3 year term
RSU #12	1 Position for 1 year term

Do not forget to licenses your dog before December 31st. If the dog is spayed or neutered, the cost is \$6.00, otherwise it is \$11.00.



NEED A RIDE? Lincoln County F.I.S.H. can help

By Sue McKeen

In case there is any doubt, living and aging in a rural community has its drawbacks. Sure, we love Whitefield, but being able to continue to live in the country is totally dependent on our ability to drive. Not even counting all those other chores that must be done before winter, during winter, after winter and in-between. It's no picnic when you're closing in on 70, 80 or 90. The inability to drive is one of the biggest factors in forcing aging or disabled people to a more urban environment where they often find themselves having to make some hard choices.



Edie Vaughan Photo by Sue McKeen

At its last meeting, the newly formed Whitefield Cares group invited several providers to speak about the services they offer. One of those providers was Edie Vaughan from Bristol, co-founder of L.C. F.I.S.H. – (Lincoln County Friends in Service Helping). I recently sat down with Edie to talk about the program and what they offer. She told me that four years ago while volunteering for another organization (Edie is the ultimate volunteer), Miles Hospital referred several residents to her who needed rides to medical appointments. Edie got busy and solicited the help of several members of her church and L.C.F.I.S.H. was born. After establishing protocols and guidelines, the first ride was provided four years ago, and they've been growing ever since. She explained L.C. F.I.S.H. is a mission of St. Andrews Episcopal Church in Newcastle which serve as an umbrella and provide secondary insurance for the volunteer drivers. I learned F.I.S.H. is an organization with providers in several states across the country. L.C.F.I.S.H. provides residents of Lincoln County who are in need of transportation with rides to medical appointments, errands, grocery shopping, and more.

There are currently 38 volunteer drivers. The rides are free and totally dependent upon the availability of a volunteer driver. Volunteers must undergo a criminal background check and have a list of guidelines they must follow. She said some volunteers drive several times each week, while others may drive less frequently.

Edie told me residents requesting rides come from all age groups, but the average age of riders is between 70 and 80. Riders must reside in Lincoln County and be unable to drive either permanently or temporarily, but have no other means of transportation. Edie explained that riders must be mobile and able to get in and out of the car with minimal assistance. Children under 18 must be accompanied by an adult or those who require a caregiver must be accompanied by the caregiver. Residents requesting rides should be realistic of the time required for the length of any appointments or errands. They request 48 hours advance notice to schedule most rides.

To request a ride the resident calls L.C.F.I.S.H. at 350-9808. The phone is answered by one of four volunteers who obtain pertinent information from the resident. During the intake process resident callers are asked questions, and if there are any health or safety concerns, a request may be denied. All accepted requests are logged into their computer and sent out via email to all drivers. Once a driver responds that they can fulfill the request, they are given the resident's information and details are worked out between the driver and the resident. All information is confidential.

Edie said during the month of October, they received 240 requests from 47 individual callers and provided 167 rides. Drivers drove over 4000 miles during the month. She told me there was one rider from Whitefield, and there is currently one volunteer driver from Whitefield. The service is free, but donations are welcome. She told me they have not had to fundraise as of yet, but have received most of their donations from the riders themselves. She commented that drivers can be reimbursed from L.C.F.I.S.H. funds.

Edie and I talked about some of the people she has met and why she gives so much of her time and self to the program.

Continued on Pg. 3

F.I.S.H Continued from Pg. 2 She responded, "If you like people, you'll like doing this. A lot of it is very intimate.sometimes you are with an individual for a very long ride.you learn a lot and people like to tell their stories." When I asked her what motivates her to continue with this important commitment, she said simply, "It fills my soul".

If you are interested in contacting L.C. F.I.S.H. for a ride you may call 350-9808 or if you are interested in becoming a volunteer, please call this number or Edie Vaughan at 677-6085.

The next meeting for Whitefield Cares is December 4 at 6:00 at the school. FMI contact Lise Hanners at lisehanners@gmail.com

Whitefield Cares! Resource List

The first Whitefield Cares! Resource List has been compiled by the town group which has been meeting monthly. The list will be made available at a variety of places around Town. The list describes local resources available to help residents who need support with food availability, clothing,

heating fuel assistance, and a variety of other needs. The back page is a comprehensive list of services in Maine provided by the United Way. A paper list is available in the Town Office and an electronic link is available here and on the Town Web Site (<https://townofwhitefield.com/whitefield-cares-2/>). Please let Lise Hanners (lisehanners@gmail.org) know if you have questions or suggestions about the list. The Resource List will be updated regularly to reflect ongoing changes. The next Whitefield Cares! Meeting will be held December 4 at 6:00PM at the Whitefield Elementary School, please join us!

New for the Whitefield Food Pantry

This summer the Whitefield Food Pantry became a 501c3 organization; this means your donations to the Whitefield Food Pantry are now tax deductible. It also allows us to get donations from larger corporations. On the down side, we have added expenses. Also new, we are now on Facebook - *whitefield food pantry*. We will try to use this page to keep the public informed as to our needs and what we have to offer. We have established a website as well = whitefieldfoodpantry.site123.me

We are looking for volunteers to help us maintain the facebook page, the website, and also someone to do some fundraising to help us pay for the added expenses. So, if you are looking for a way to help us on your own time, this is it. Contact Jeanne Shaw 549-7014, or any pantry volunteer. Monetary donations can be made out to the Whitefield Food Pantry and mailed to: Whitefield Food Pantry 123 Philbrick Lane, Whitefield, Me 04353.

We are open the first Friday of the month from 10-3 and the third Saturday of the month from 10-12. Product donations may be left with us during those hours.



One of several Welcome to Whitefield signs which will be located at most town entry points. Signs were designed by Jen Grady. All costs were entirely paid for by donations with no taxpayer money used. Picture by Bill McKeen

Select Board Corner

October 15-November 15, 2019

Below are issues likely of interest to the residents of Whitefield in regards to the Select Board meetings of the previous month. For a complete description of the issues before the Board each meeting, please click this link: <https://townofwhitefield.com/agendas-minutes/> to go to the Town website and read the Select Board minutes.

The Select Board hired local Whitefield resident Nicole Sciascia for the Office Assistant in the Town Office. Nicole started working full-time on November 18. Welcome Nicole!

A Toys for Tots box was dropped off at the Town Office by the Marine Corps Reserve Coordinator for Lincoln County. Please consider donating a wrapped present for needy children.

Town Office is collecting resident email addresses so that notices of Town events can be automatically sent to your inbox. If interested, please sign up at the Office counter.

Carole Cifrino made a presentation at the November 12 meeting to inform the Select Board of an opportunity to support and improve recycling in Town and to create a new revenue stream based on the amount of materials recycled by Whitefield residents. In the past legislative session, a resolve was passed for DEP to create a new law for handling packaging materials that will provide an income source for municipalities. The Natural Resources Council of Maine drafted a resolution of support for the bill which the Select Board unanimously supported.

The Select Board began the process of drafting the Town Budget for 2020-2021.



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84 Bangor Street
622-3738

Augusta (West)
198 Western Avenue
621-0001

DECEMBER 2019 COMMUNITY EVENTS CALENDAR.

- 1st **Joey Henry Brunch Music** 10am-1pm at Sheepscot General
- 2nd **COOPERS MILLS FIRE DEPT.** All are welcome. No obligation. 7 pm
KINGS MILLS FIRE DEPT., 7 pm
- 5th **SENIOR MEN'S GROUP**, Sheepscot General, 10 am
MIDCOAST CONSERVANCY ANNUAL MEETING, Thursday, December 5th, 5:30-7:30 pm at Wavus Camp in Jefferson
- 6th **WHITEFIELD FOOD PANTRY**, St. Denis Hall, 10-3 pm
Sheepscot General 9th Annual Holiday Bazaar Dec 6th 5pm - Join us for our Annual Holiday Bazaar! We will host 20-25 local crafts people, food maker and artisans.
- 7th **YOUTH SKI LEASE FITTING**, Saturday, December 7, 9 am-1 pm at the CLC YMCA in Damariscotta
KNIGHTS SOUP AND CHOWDER POT LUCK SUPPER at St. Denis Church Hall at 5:00 PM. Come and enjoy. Put it on your calendar.
- 8th **EXPLORING WABANAKI MAINE HISTORY** 1-4pm at Sheepscot General
Kings Mills Union Hall Christmas Program Sunday, Dec. 8 (3 -5) with Santa arriving at 4pm
WHITEFIELD ATHLETIC ASSOCIATION (WAA), Whitefield School, 6 pm
- 9th **WHITEFIELD MUNICIPAL FIRE DEPT.**, Fire Station, 7 pm
- 10th **WOMEN OF WHITEFIELD**, We are a group of ladies who get together on the 2nd and 4th Tuesday of the month at 10 at the Sheepscot General. There is no agenda just coffee, etc. and good conversation. We would love to have more ladies join us.
PTA MEETING- please join us for our meeting @ 5:30 always the 2nd Tuesday in the school conference room.
SELECT BOARD, Fire Station, 6 pm
- 11th **YOUTH SKI LEASE FITTING**, Wednesday, December 11, 3-6 pm at the CLC YMCA in Damariscotta
WHITEFIELD HISTORICAL SOCIETY, Town House, 1 pm
FULL MOON SNOWSHOE, Wednesday, December 11, 5-7 pm at Hidden Valley Nature Center
- 12th **SENIOR MEN'S GROUP**, Sheepscot General, 10 am
RSU SCHOOL BOARD MEETING Chelsea School, 6:30 pm
- 13th **ART OPENING WITH** Kristin Dillon 5-7 pm Sheepscot General
MT. VIEW CHAMBER SINGERS 'CAROLS IN THE ROUND' St. Denis Catholic Church Friday December 13th @ 7:00 sharp. Free will donations gladly accepted . Reception to follow in parish center.
- 15th **FUZZY UDDER CREAMERY** has a Goat Solstice event on Sunday December 15 from 11-3 (snow date December 22). Come snuggle our animals, sample our cheese and take a tour of the farm!
- 18th **NEW PARENT PLAY GROUP**, Sheepscot General, The playgroup is primarily aimed at 0-2 years old Playgroup will meet in the gallery space at 9 am.
PLANNING BOARD, Town Office 6:00 pm
- 19th **SENIOR MEN'S GROUP**, Sheepscot General, 10 am
- 20th **OPEN MIC FEATURING BERTIE KOLLER** Sheepscot General 7-9 pm
- 21st **WHITEFIELD FOOD PANTRY**, St. Denis Hall, 10-12 pm
DRUMMING CIRCLE, Sheepscot General, 6:30 pm. Open to the public, all welcome
- 24th *The events today are not confirmed due to the Christmas Holiday.*
WOMEN OF WHITEFIELD, We are a group of ladies who get together on the 2nd and 4th Tuesday of the month at 10 at the Sheepscot General. There is no agenda just coffee, etc and good conversation. We would love to have more ladies join us.
SELECT BOARD, Fire Station, 6 pm
- 26th **SENIOR MEN'S GROUP**, Sheepscot General, 10 am
- 28th **COMMUNITY SINGING CIRCLE**, Sheepscot General, 6 pm. Open to all, acoustic instruments welcome.



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Do you have an event? Contact: whitefieldtownnews@gmail.com

Deadline for newsletter submissions is the 15th of the month. whitefieldtownnews@gmail.com
Whitefield Newsletter Committee: Cheryle Joslyn, Kit Pfeiffer, Sue McKeen, Tony Marple, Christine

You can receive the newsletter by email by signing up at whitefieldtownnews@gmail.com