



Whitefield News

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November 2019



Holiday Events

Kings Mills Union Hall

Craft Fair

Saturday, Nov. 2 (10-2)

Christmas Program

Sunday, Dec. 8 (3 - 5) with Santa arriving at 4pm

**Sheepscot General
9th Annual Holiday**

Bazaar Dec 6th 5pm - Join us for our Annual Holiday Bazaar! We will host 20-25 local crafts people, food maker and artisans.

Tis The Season

by Dan Joslyn

Since hunting season is upon us, we thought you might like to know what's happening in our woods from late October to the end of December.

November 1st ends archery season, but before we reach that date, on Saturday, October 26, Youth Gun Hunters may hunt deer with firearms if under supervision of a qualified adult. "Qualified" means a parent or guardian who has or has held a Maine hunting license or taken a hunter safety course. A person 18 or older may be given permission to supervise a hunter 15 or under if he or she is approved by the parent or guardian and holds or has held a Maine hunting



Cassidy (age 9) with her 1st buck!

license or has taken a Maine Hunter Safety class. Mark your calendar; it is easy to forget. I did when bowhunting on the first Youth Day gun hunt.

Youth hunters between 10 and 15 years old need to be under effective control of an adult supervisor. I have always assumed this has meant visual and voice, and if under the age of ten, they must be within 20 feet at all times. Landowners and archers should be aware that firearm hunters may be in their woods on Youth Day. Also, to finish out the season, archers should consider carrying one piece of approved orange clothing.

Unless specified by posted signs or other approved means, hunters are not required to get approval to be on your land. Verbal approval or refusal to allow use of one's land is valid. IF&W Landowner Approval Cards are **continued on Pg. 2**

Out and About in Whitefield

By Christine LaPado-Breglia,
christine.lapado@gmail.com

I recently sat down with Taryn Marcus, who is the co-owner of Sheepscot General along with her husband, Ben Marcus, to catch up on their first foray into the world of industrial hemp production. Readers will recall that Sheepscot General recently held a pick-your-own-hemp event at its 3-acre hemp field, which, according to the Portland Press Herald, is "believed to be only the second publicly accessible hemp field in the U.S."

The turnout for the "u-pick" event was considerably less than expected, Taryn said, adding that "mostly, the u-pick was veterans and seniors. There were a few millennials mixed in there."

She cites cultural misconceptions as one possible reason for the dearth of pickers. Some people, she noted, might be unclear as to what industrial hemp, or cannabis, is exactly, and whether it is the same as or similar to the type of cannabis people smoke to significantly alter their consciousness.

The answer, said Taryn, is that, according to the federal definition of industrial hemp, it must contain .3% or less of tetrahydrocannabinol, commonly called THC, the main psychoactive component of cannabis. And Sheepscot General's hemp contains, according to recent testing, .03% THC, she said.

"It looks and smells just like the high-THC stuff, and I see why that's an issue," Taryn said. "We are growing a strain that is extremely low in THC. ... If you tried to get high, you couldn't."

The hemp grown at Sheepscot General is the type that ends up, after a string of processes, going into CBD – cannabidiol – products used

for such things as relieving anxiety in animals. "Usually that's where they start (with using CBD) – if they have animals that have anxiety," said Taryn, citing the example of pets that get

anxious over the loud noises from fireworks.

She also noted that the U.S. Food and Drug Administration "has legalized for (the treatment of) epilepsy a CBD isolate." Most of the industrial hemp grown anywhere is sent to an extracting lab "where the CBD component will be taken out of the plant and be used to make every CBD product at every gas station from here to California," said Taryn. The only difference with a lot of the CBD products – such as tinctures, edibles, and oral sprays -- sold at

gas stations is that the CBD comes from China, she said, "and there are a lot of issues with contamination in China. It's important to know where your medicine comes from." Sheepscot General's hemp is grown organically.

Speaking of medicine, a recent series of tincture-making classes (one uses the hemp buds to make CBD tinctures) at Sheepscot General were so wildly popular that the venue continues to add classes. See sheepscotgeneral.com or call 549-5185 for more details.

"I think the thing that people can do to help is to educate the public," Taryn said, adding, "I think the future of cannabis for our kids is it's going to be like alcohol. ... I think it will be normalized."

Sheepscot General is located at 98 Townhouse Road in Whitefield.



Hunting cont. from Pg. 1 available at the IF&W office at 284 State Street, Augusta, Maine. Both hunters and landowners may pick some up at no charge.

Tree stands or metal objects may not be installed in trees without permission. Hunters are required to label their stands, and others are not allowed to use another person's stand without permission.

Archery ends November 1st. Deer Firearm Season is from November 2nd - November 30th; a half hour before sunrise to a half hour after sunset. Muzzleloading season runs from December 2 thru the 14th. Coyote night hunting begins December 16th and runs through the end of August. A special permit is required.

Wearing orange when in the woods during November and December may not be required for non hunters, but it should be used; either a hat or a vest works. No species may be hunted on Sunday. Therefore, hunter orange isn't necessary, but many choose to wear at least one piece when out in the pucker-brush.

Any person in the woods with a firearm on Sunday is considered to be hunting and may be fined. There are a few exceptions; like target practicing or beaver trapping. No game may be hunted.

Religious opposition exemption: "A person may substitute articles of bright red clothing for the articles of hunter orange clothing...if the person has a religious opposition to the wearing of hunter orange clothing." Sec. 1. 12 MRSA §11203, sub-§1-A

According to Inland Fisheries & Wildlife records for 2018, there were 441 Whitefield residents who hunted with just firearms, 7 people who hunted with just archery equipment, and 38 who hunted with both. Increasingly, (just for interest sake), there are more females in Whitefield harvesting deer, bear and moose than at any other time. On a final note, we want everyone to be aware that the hunting season is here once again, and we want everyone to be safe.



Olivia with proud dad, Jim Brann, and her 2nd bear

Holidays are coming, Remember the Food Pantry



The Whitefield Food Pantry is open to anyone in need of food. There is an income guideline but we will provide to any one in need. We provide non perishables; as well as bread, eggs, frozen meats; most of which we get from the Good Shepard Food Bank. We recently connected with Dogwill, an organization in Bath that provides free pet food and supplies.

We are open twice a month (first Friday 10-3 and third Saturday 10-12) and recipients may come each day we are open. If transportation is an issue please call and we can make arrangements. Volunteers are welcome to help on set up day or on distribution days.

Donations are always welcome - knitted/crocheted hats, mittens, scarves would be nice for the winter; also kleenex, toilet paper, personal hygiene products, juice, healthy snacks. Donations may be delivered during Food Pantry hours or contact the folks listed below. Monetary donations could be sent to Whitefield Food Pantry, 123 Philbrick Lane, Whitefield; or to Good Shepard Food Bank - must mention Whitefield Food Pantry so it goes into our account.

Contact Janet 549-3672 or Jeanne 549-7014 with questions.



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Town Office News....

Monday	8am to 4pm
Tuesday	8am to 4pm
Wednesday	Closed
Thursday	7am to 12pm and 3pm to 7pm
Friday	8am to 2pm

Just a reminder that elections for State Referendum will be on November 5th from 8:00am to 8:00pm at the Central Fire Station. Also for November the Town Office will be closed on Monday, November 11th for Veterans Day. November 28th and November 29th for Thanksgiving. The Office Staff wishes you all a Happy and Safe Holidays!

In December, nomination papers will be available for the following officers:

Select Board	2 positions	3 year term
Planning Board	2 positions	2 year term
School Board	1 position	1 year term



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Thank You All!

By Cheryle Joslyn

We may have signed out our last book for the season, but that doesn't mean we have "closed down"; far from it! Whitefield Library and Community Center's spring, summer, and Fall has been busting with activity (purchasing our lovely old building, shelving 100's of wonderful books donated by friends from near and far, trying out new programs like our successful Children's Storytime every Saturday, Book Club for Adults and Teens, Game Nite, Knitters & Kneedles gathering, an inspiring Author's Corner, a "something for everyone" Open House, and our annual Used Book, Baked Goods & Pumpkins closing event). Along with all of this activity, our reliable volunteers have opened the Library doors 8 hours per week, arranged the bookcases and book categories to be more efficient for all, and created a welcoming and comfortable atmosphere for the young and the not so young. With much appreciation for the generosity of our many friends and neighbors, we have had a very successful and delightful 2019!

We have doubled our book circulation since 2017, grown from 15 adult members to 394 with 267 children borrowing books, and we have most thankfully multiplied from 12 volunteers to 63! That last figure says it all about this wonderful community. With that number growing every month, we can surely accomplish our next set of goals which focus on the renovation of our place and improving our programming.



If you still have a book out, just drop it off anytime!

Through dedicated hard work and hours of time, we hope to bring wifi to the building, catalogue our books for more convenient circulation, install an efficient heating system to allow for nearly year round services, and begin to turn the exterior's aging process on our beautiful building around so the structure remains secure from Mother Nature for the next several years. Our interior will need attention to the electrical as well as the plumbing, but that's all in the plans! You will hear a great deal more from us as we continue our fundraising, celebrate successful grant writing, and applaud our many generous Whitefield Library and Community Center supporters. Thank you to all of our surrounding "community" from home and away who have helped us grow. Without you, we never would have come this far!

You can keep an eye on us by "friending" our Facebook page (Whitefield Library) and by checking in at our website (whitefieldlibrary.org). We have our contact info there and of course, our Donate Now button. We can use all the help we can get!



Story time at the Library!



*New projects are underway!
Thanks to all the volunteers and
David Hayden*

Donations Needed for Whitefield School

It's the holiday season and Whitefield School is looking for donations to their food pantry and giving tree. FMI call Amy at the school at 549-7691.

Select Board Corner

September 15 – October 15, 2019

Below are issues of likely interest to the residents of Whitefield from the Select Board meetings of the previous month. For a complete description of the issues before the Board each meeting, please go to the Town website and read the Select Board minutes.

The Cemetery Committee has been working with volunteers to maintain or improve grave sites and the cemetery grounds at Coopers Mills Cemetery and the Woodman's Cemetery.

The Roads Committee has been very actively working to improve safety of Town roads, particularly on Hilton Road (installing a mirror to improve visibility at a dangerous hill top), the corner of Townhouse Rd and Kings Mills (working with DOT to see if a stop sign can be added to improve safety of cars turning onto Town House in front of the church), and seeking to install flashing lights on the school signs on Rt 126 to slow traffic during school hours.

13 Welcome to Whitefield (We Share the Roads) signs will be installed on main roads leading into Town.

A Maine DOT representative came to a Select Board meeting to review the process needed to replace a double culvert on Rt 194. The culvert will be replaced with a large single culvert that is more wildlife-friendly. This project will be completed quickly in 2021 with the road closed for two weeks and traffic rerouted.

The Select Board is discussing whether to hire a maintenance worker for the fire stations and town buildings. The backlog of needed repairs and maintenance on all the buildings has been growing and it may be time to budget for a new position.



Pre-K and K kids after they came and picked the pumpkins on Friday. It was quite a crop. Photo by Tony Marple

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622-3738

Augusta (West)
198 Western Avenue
621-0001

NOVEMBER 2019 COMMUNITY EVENTS CALENDAR.

- 1st **WHITEFIELD FOOD PANTRY**, St. Denis Hall, 10-3 pm
ART OPENING WITH ANNIE WATSON 5-7 pm Sheepscot General
- 2nd **KINGS MILLS UNION HALL CRAFT FAIR** Join us for our annual Craft Fair. Tons of local crafters wares available for wonderful gifts of the season. 10 am to 2 pm
- 4th **COOPERS MILLS FIRE DEPT.** All are welcome. No obligation. 7 pm
KINGS MILLS FIRE DEPT., 7 pm
- 7th **SENIOR MEN'S GROUP**, Sheepscot General,
- 10th **WHITEFIELD ATHLETIC ASSOCIATION (WAA)**, Whitefield School, 6 pm
- 11th **WHITEFIELD MUNICIPAL FIRE DEPT.**, Fire Station, 7 pm
- 12th **WOMEN OF WHITEFIELD**, We are a group of ladies who get together on the 2nd and 4th Tuesday of the month at 10 at the Sheepscot General. There is no agenda just coffee, etc. and good conversation. We would love to have more ladies join us.
PTA MEETING- please join us for our meeting @ 5:30 always the 2nd Tuesday in the school conference room.
SELECT BOARD, Fire Station, 6 pm
KINGS MILLS UNION HALL BOARD MEETING - Public Welcome 7 pm
- 13th **WHITEFIELD HISTORICAL SOCIETY**, Town House, 1 pm
- 14th **SENIOR MEN'S GROUP**, Sheepscot General, 10 am
RSU SCHOOL BOARD MEETING Chelsea School, 6:30 pm
- 15th **OPEN MIC FEATURING BRUNCE HARDINA** Sheepscot General 7-9 pm
SELECT BOARD, Fire Station, 6 pm
- 16th **WHITEFIELD FOOD PANTRY**, St. Denis Hall, 10-12 pm
DRUMMING CIRCLE, Sheepscot General, 6:30 pm. Open to the public, all welcome
- 20th **NEW PARENT PLAY GROUP**, Sheepscot General, The playgroup is primarily aimed at 0-2 years old Playgroup will meet in the gallery space at 9 am.
PLANNING BOARD, Town Office 6:00 pm
- 21st **SENIOR MEN'S GROUP**, Sheepscot General, 10 am
WHITEFIELD LIBRARY BOARD MEETING 10 am at the Whitefield Fire Station, all are welcome
- 22nd **WALTER WEYMOUTH CONCERT** at Sheepscot General 7 pm
- 23rd **COMMUNITY SINGING CIRCLE**, Sheepscot General, 6 pm. Open to all, acoustic instruments welcome.
- 26th **WOMEN OF WHITEFIELD**, We are a group of ladies who get together on the 2nd and 4th Tuesday of the month at 10 at the Sheepscot General. There is no agenda just coffee, etc and good conversation. We would love to have more ladies join us.
SELECT BOARD, Fire Station, 6 pm
- 28th **HAPPY THANKSGIVING**



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Roads Committee volunteers Erik Ekholm and Dennis Merrill posting speed limit signs. Fortunately they're not directional signs!

Deadline for newsletter submissions is the 15th of the month. whitefieldtownnews@gmail.com
 Whitefield Newsletter Committee: Cheryle Joslyn, Kit Pfeiffer, Sue McKeen, Tony Marple, Christine Lapado-Breglia & Debbie Rogers.

You can receive the newsletter by email by signing up at whitefieldtownnews@gmail.com